Reach a better sleep with SAMINA

Prevention is better than cure.

Not only people who suffer under back problems are demanding SAMINA as their bedding-system but also more and more people who found out that prevention is better than cure.

Back problems belong to the most frequent disturbances of health. Manifold are the reasons rather sparsely are the treatment options. In this connexion the bed for the night has a central importance, since the quality of sleep determines the quality of our life. The quality of sleep gets considerably improved by a reasonable general way of life, an undisturbed sleep surrounding, a bed, which is based on an orthopaedic, dermatologic and rheumatologic balanced Sleep-Healthy-Concept.

The SAMINA bed is systematically assembled and meets the requirements of our body on an uppermost degree. The spine is a complex system in which spinal discs, small vertebral joints, taut fibers and musculature dynamically and fine tune the position of the single vertebras. Such a system should not be left to chance or an inappropriate sleep-underlay in the significant phase of regeneration during sleep. Especially during sleep muscles get atonic. Atonic muscle-fibres give up their holding-action. This will have a negative effect on spinal discs and vertebral joints if the sleep-underlay doesn’t overtake a supporting and relieving function. The inner life of a bed has to support and stabilise, balance the pressure and provide convenient lying down as well as provide a dry and warm bed environment.

SAMINA left nothing to chance, since it perfectly fulfils all these demands with it’s systematical buildup of the double-sided slat frame, natural rubber mattress, overlay and blanket out of virgin wool.

So, it is always worthwhile to visit our exhibition. We always get the latest findings of extensive sleep-research and offer you qualified advice in all questions concerning sleep. We especially give you advice for an electromagnetic pollution-free sleeping berth as well as for the orthopaedic and anti-rheumatic effective contents of the bed.
Furthermore, you will find a wide range of pillows made out of virgin wool and – if necessary – filled with soft orthopaedic inlays. The blankets, pillows and virgin wool overlays have an anti-rheumatic effect, are protective against house dust mites and bacteria and prevent from sweating.

We are looking forward to give you competent and holistic advice.